



BEING HURTFUL - It's very easy for ALL of us to say something about someone and then later regret it. Below are just some of the things that our peers may say about us or about someone else...In the blank places fill in some other comments we may hear around us.

Sticks and Stones...

My worth is not in what others say about me but what God has said about me!



Look up the verses below and write down what you think they mean?

Proverbs 13

Proverbs 26 v 20

Proverbs 21 v 23

Read Psalm 57 v 4. How did David respond when people said nasty things about him? What can we learn from Him?



SAMPLE

Remember!!

When people say nasty things about you it is only because they lack confidence and want to take the spotlight off themselves and their own failures!!!!





What do you think?

What God thinks!

It's part of human nature to say negative things about other people as we live in a sinful world. However what we MUST hold fast to is what God, our Creator thinks of us. Take some time to read the verses below and realise how AMAZING He thinks you are! write the words around the girl below.

What should we do if we have nasty things said about us (or about a friend)?

How can we challenge those around us about what they are saying without our friends falling out with us?

What ways can we offend people without saying it face to face?

SAMPLE



Being Encouragers

The world around us is so used to saying nasty things about each other. However we should be instead encouraging our friends. Write in the speech bubbles below encouraging things we could say to our friends so they know they are valued.

How does it make you feel to know that God delights over you?